## Rush-Henrietta Central School District

| Team Name:  | District Wellness Committee  |
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| Date of Meeting:  | Tuesday April 11, 2023   |
| Facilitator/Recorder:   | Sharon Harris  |
| Members Present:  | Nerlande Anselme, Barb Christensen, Sharon Harris, Joe Jackson, Diane McBride, AllisonStephens, Geraldo Torres, Rachel Siciliano, Molly Wallace, Jessica Kinsman, Julie Sullivan, Rozetta Laplaca, Patricia Prinzi, Olivia Clark, Paul Morgan, Erica Eason, Jen Allen, Edna LeNear, Dina Stathapoulos  |
| TOPIC   | Agenda Item Notes  |
| Introduction  | Welcome everyone, Thank you for coming!  |
| Health Services -<br>Sharon Harris                            | <ul> <li>All major surveys are completed, completing mandatory physicals<br/>and screenings. Ordering supplies for next year.</li> </ul>   |
| Food services -<br>Geraldo Torres                             | No major updates   |
| Facilities - Ken Nelson                                       | Not present  |
| Physical<br>Education/Athletics<br>Update - Thomas<br>Stewart | Spring sport season is underway. HS, Roth, and Burger host home events   |
| Mental<br>Health/Wellness-<br>Joe Jackson                     | Continue to work with restorative practices, mentoring programs  |
| School Counseling<br>Advisory Council                         | <ul> <li>Counseling Curriculum Lessons Aligns with plan of work</li> <li>47 discreet lessons across K-12, 30 have been completed so far this year</li> <li>Success rate 85-100% with a mean of 92.5%</li> <li>Revisit lesson twice over K-3 grades, consistency across all 4 buildings</li> <li>7th grade personality assessments</li> <li>Hitting all students and then narrowing to specific student</li> <li>College and career readiness</li> <li>Smart Goal 1 - Create a Counseling Website - the goal is to increase website visits by 10%. Updated HS website, created JHS website. Elementary school website under construction now. looking at traffic now.</li> <li>Smart Goal 2 - Supporting Anxious Students - Classroom attendance will increase by 10% using different strategies and interventions (mindfulness activities, positive self-talk, mediation, desk stretches, breathing tips, etc.). Evaluation data at the end of the school year.</li> </ul> |

|   | <ul> <li>Smart Goal 3 - Supporting Black/African American and Latino/Hispanic students - students will increase from 2 to 3 on composite scores at the secondary level using multiple interventions.         <ul> <li>need to expand to include our Nepali and Arabic students?</li> <li>Should we be measuring composite scores?</li> <li>Smart Goal 4 - Therapeutic Crisis Intervention (TCI) - conflict cycle, de-escalating, goal for training all staff. measurable by looking at suspension data?</li> <li>Smart Goal 5 - College and Career Readiness - starting at kindergarten. 7,8, and 9th giving them career exploration, EMCC at 11th grade. Giving kids a wide range of pathways to get to where they want to be. Career and education fair, Internship opportunities, job shadows - good partnership with community.</li> </ul> </li> </ul> |
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| Community Coalition<br>Barb Christensen | <ul> <li>Working on 501c3</li> <li>May 20th Medication take back day at Wegmans Calkins</li> </ul>   |
| NEXT MEETING                            | Last meeting until October 2023  |